

# Baklava Focaccia

Cooking Time: 4 hours | Servings: 6-8 people

### **INGREDIENTS:**

### Dough:

- 500 grams plain flour or bread flour
- 450mLs warm tap water (not hot)
- 2 teaspoons honey
- 1/2 sachet yeast (4g)
- 1 tablespoons olive oil
- 1 tablespoon salt

#### Walnut mixture:

- 1.5 cups walnuts
- 1/4 cup Caster sugar
- 1/4 cup Brown sugar
- 2 teaspoons ground Cinnamon
- 1 tablespoon orange blossom water

#### Syrup:

- 1/4 cup simple sugar syrup
- 1 tablespoon orange blossom water
- Juice of 1/2 a lemon

### SAME DAY METHOD:

- 1. Whisk warm water, yeast, olive oil, and honey in a deep bowl until incorporated.
- 2. Mix in flour, cinnamon, salt until it forms a shaggy dough. Do not worry about over working the dough or it being perfect, it will come together.
- 3. Clean down the edges of the bowl and cover bowl with cling wrap or a tea towel and allow it to sit at room temperature for 15 minutes
- 4. After 15 minutes, stretch and fold the dough.
- 5. Cover and rest for another 15 minutes before you stretch and fold the dough again.
- 6. Cover the dough with cling wrap or a tea towel and allow it to rest for 1.5 hours at room temperature.
- 7. Prepare the filling mixture by placing walnuts, caster sugar, brown sugar, cinnamon and orange blossom water in a food processor and blitz until crumbled. Be sure not to over process it as you do not want a paste.
- 8. Prepare a 24cm X 33cm deep sided sheet pan lined with baking paper and tip the dough mixture in the tray.
- 9. Spread dough to corners as best as possible. Sprinkle 3/4 of the filling mixture over the surface and fold the dough into thirds like a wrap or burrito, slide it lengthways and flip it upside down so the smooth side is on the top and walnut filling is wrapped inside.
- 10. Cover and proof for another 1.5 hours at room temperature.
- 11. Pre heat your oven at 220C.
- 12. Drizzle dough with some more olive oil and add the reminder of the filling mixture over the surface of the focaccia and dimple the dough.
- 13. Bake on the lowest rack of the oven for approximately 20-30 minutes or until golden.
- 14. Mix syrup in a small bowl and set aside.
- 15. Once focaccia is baked, drizzle syrup over the surface while focaccia is still hot. This will be better absorbed right out of the oven.
- 16. Allow focaccia to cool slightly before slicing and serving.

# TIPS/SUBSTITUTIONS:

- Keep in and airtight container for 3-4 days.
- Best served warm
- I do not recommend freezing focaccia to thaw and eat at a later date. It tends to taste stale. Best consumed fresh .



#### **OVERNIGHT METHOD:**

- 1. Whisk warm water, yeast, olive oil, and honey in a deep bowl until incorporated.
- 2. Mix in flour, cinnamon, salt until it forms a shaggy dough. Do not worry about over working the dough or it being perfect, it will come together.
- 3. Clean down the edges of the bowl and cover bowl with cling wrap or a tea towel and allow it to sit at room temperature for 15 minutes
- 4. After 15 minutes, stretch and fold the dough.
- 5. Cover and rest for another 15 minutes before you stretch and fold the dough again.
- 6. Cover the dough with cling wrap and place in the fridge overnight.
- 7. The following day: Prepare the filling mixture by placing walnuts, caster sugar, brown sugar, cinnamon and orange blossom water in a food processor and blitz until crumbled. Be sure not to over process it as you do not want a paste.
- 8. Prepare a 24cm X 33cm deep sided sheet pan lined with baking paper and tip the dough mixture in the tray.
- 9. Spread dough to corners as best as possible. Sprinkle 3/4 of the filling mixture over the surface and fold the dough into thirds like a wrap or burrito, slide it lengthways and flip it upside down so the smooth side is on the top and walnut filling is wrapped inside.
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