

Cinnamon Roll Focaccia

Cooking Time: 4 hours | Servings: 6-8 people

INGREDIENTS:

Dough:

- 500 grams plain flour or bread flour
- 450mLs warm tap water (not hot)
- 2 teaspoons honey
- 1/2 sachet yeast (4g)
- 1 tablespoons olive oil
- 1 tablespoon salt

Cinnamon mixture:

- 1/2 cup brown sugar
- 1/2 cup unsalted butter, melted
- Zest of 1 orange
- 1/2 teaspoon ground cardamom
- 2 1/2 teaspoon ground cinnamon

Glaze:

- 140 grams icing sugar
- 2 tablespoons orange juice

METHOD:

- 1. Whisk warm water, yeast, olive oil, and honey in a deep bowl until incorporated.
- 2. Mix in flour and salt until it forms a shaggy dough. Do not worry about over working the dough or it being perfect, it will come together.
- 3. Clean down the edges of the bowl and cover bowl with cling wrap or a tea towel and allow it to sit at room temperature for 15 minutes
- 4. After 15 minutes, stretch and fold the dough.
- 5. Cover and rest for another 15 minutes before you stretch and fold the dough again.
- 6. Cover the dough with cling wrap or a tea towel and allow it to rest for 1.5 hours at room temperature.
- 7. Mix the brown sugar, melted butter, orange zest, ground cardamom and cinnamon
- 8. Prepare a 24cm X 33cm deep sided sheet pan lined with baking paper and pour 3/4 of the cinnamon mixture into the tray.
- 9. Tip the dough in the tray. Fold the dough into thirds like a wrap or burrito, slide it lengthways and flip it upside down so the smooth side is on the top.
- 10. Cover and proof for another 1.5 hours at room temperature.
- 11. Pre heat your oven at 220C.
- 12. Drizzle dough with the reminder of the cinnamon mixture and dimple the dough.
- 13. Bake on the lowest rack of the oven for approximately 20-30 minutes or until golden.
- 14. Once focaccia is baked, whisk the glaze in a small bowl until you have a smooth paste.
- 15. Let focaccia cool for approximately 15-20 minutes in the pan and drizzle the glaze over the top. Remove focaccia from the pan, slice in desired portions and serve warm.

TIPS/SUBSTITUTIONS:

- Keep in and airtight container for 3-4 days.
- Best served warm
- leave ground cardamom and orange zest out if you prefer a plain cinnamon flavour

