



Mango Weiss Bar Bowl

Cooking Time: 10 minutes | Servings: 1

INGREDIENTS:

- 250 grams frozen mango
- 150mls coconut cream
- 2 tablespoons vanilla protein powder

METHOD:

1. Place ingredients in a NutriBullet or blender, blitz and enjoy.

TIPS/SUBSTITUTIONS:

- *Serve with coconut flakes and fresh mango pieces.*
- *I found by leaving the ingredients stand in the blender for 10-15 minutes helped the blitzing.*